



SWINGING GLOSSARY

THE LIFESTYLE

The Lifestyle is a term that was first used in the 1970's and is basically a modern version of the term "Swingers"; however, most people in "The Lifestyle" feel it is more encompassing than just swinging. It includes people that are sexually open minded in general.

FULL SWAP

Full Swap is generally when a couple fully swaps partners, including intercourse.

SOFT SWAP

Soft Swap is when couples exchange partners, but do not have intercourse. Generally it is limited to swapping orally and/or heavy petting.

GG OR GIRL-GIRL

Girl-Girl is where just the women play and the men watch, and/or join their partners, but do not have any interaction with the other person's partner.

SAME ROOM

If someone says they are interested in "Same Room" this may mean they are interested in Full Swap Same Room, or it may mean they are interested in having sex with their partner in the same room another couple is having sex and watching each other.

BULL

A "bull" is a guy that is just for casual sex with a female. Either single, or part of a couple. Men that are considered "Bulls" are typically well endowed.

UNICORN

A Unicorn refers to a single woman in the Lifestyle. They are called Unicorns because they are pretty rare, and many have never seen one!

MFM / FMF

MFM stands for Male, Female, Male. 2 men with 1 woman in a threesome. FMF stands for Female, Male, Female. 2 women with 1 man in a threesome.

SAFE WORD OR PHRASE

A way to politely communicate with your partner that you are uncomfortable with the situation or you are ready to leave. i.e. "I need to use the bathroom."

HOT WIFE

A Hot Wife is a wife that sets up casual sex dates with other men. Typically she or her date will take photos and send them to the interested couple's husband.

HALL PASS

This means that one of the individuals has permission to play on his or her own from their partner.

EXHIBITIONISTS

These are people that enjoy having sex while other people watch and are not necessarily Swingers.

VOYEURS

These are people that enjoy watching others have sex and are not necessarily Swingers.

BI - SEXUAL

Bi - Sexuality is very common in the Lifestyle with women. Not only is it socially acceptable, but it is encouraged. Bi - Sexuality with men is typically not socially acceptable and not very common on the surface.

TRI - SEXUAL

Tri - Sexuality is commonly used to refer to a person who will "try" anything sexually.

TOP & BOTTOM

These are terms that are more common in the Gay community, but occasionally come up with Swingers especially if the Male is bi-sexual. Top means you are the "Giver", and bottom means you the "Receiver."

SQUIRTING

Squirting is Female Ejaculation. Use a LuvMat!

NEWBIES

Newbies are people new to the Lifestyle, or to a Lifestyle club or resort.

VANILLA

Vanilla refers to something that is non-Lifestyle. For example, a Vanilla Club, Vanilla Friends or Party.

PRIVATE ADVENTURE

Term used to describe nudist and/or swinging lifestyle that does not draw attention in a negative way.

DP - DOUBLE PENETRATION.

One girl, two guys, but only one vagina! Solution? One penis in the Vagina the other in the Butt.

BARE BACK

Bare Back would refer to having intercourse without the use of a condom. This is generally frowned upon in the Lifestyle.

GROUP SEX

Is a group of people all having sex. This is what most Vanilla people think swingers do every Saturday night; however, it is rare occurrence. Swinging typically consists of two or three couples. Remember, if you come upon a Group situation you still must ask permission to join.

OFF PREMISE

An Off Premise Club or Event is an event where sexual activities do not take place at the event. These events typically take place at Hotels at Meet & Greets. These events also normally sell alcohol.

ON PREMISE

An On Premise Club or Event is where sexual activities take place at the event. If a swingers club is On-Premise typically it is also BYOB. On Premise Swingers clubs have areas or rooms set up for people to have sex or "play". Eyz Wide Shut is a rare swingers club that has both.

HOUSE PARTY

A house party is a where a member of the Lifestyle hosts an on premise party at their house.

SWINGERS CLUB / SOCIAL CLUB

Swingers Clubs are either On Premise or Off Premise. There are swingers clubs in most countries of the world. These clubs are a safe place for people to meet and explore their sexuality. These clubs are typically NOT high pressure environments, as some would suspect.

SITE

If someone asks "What site are you on?" They are referring to a Swingers Social site.

SWINGER NAME

Nickname or alter personality that a swinger couple uses to identify themselves to protect their real identity or to describe their personalities. i.e. "SquirtFlirt" or "FifiandFriends."